



# Soups & Chili

## SOUP OF THE DAY

cup or bowl

## SEAFOOD SOUP OF THE DAY

cup or bowl

## GARY'S HOMEMADE CHILI

Our chili is topped with shredded cheddar and served with tortilla chips

# Salads



Dressings: Ranch, Bleu Cheese, Caesar, French, 1000 Island, Italian, Honey Mustard, Balsamic Vinaigrette, Sesame Ginger, Light Ranch, O/V

## ASIAN CHICKEN SALAD

Warm grilled chicken breast, snow peas, Mandarin oranges, green onion, sliced almonds and crispy tortilla strips over our fresh salad mix with a side of our sesame ginger dressing

## CAESAR SALAD

Romaine lettuce tossed in Caesar dressing, topped with croutons and Parmesan cheese

## CAJUN SHRIMP CAESAR

## GRILLED CHICKEN CAESAR

## BLACKENED SALMON CAESAR

## CHEF SALAD

Black Forest ham, smoked turkey breast, Swiss and American cheeses, tomatoes and sliced boiled egg served over our fresh salad mix. Served with your choice of dressing

## ☀️ GARDEN SALAD

Our fresh salad mix topped with shredded cheddar, tomatoes, green peppers, carrots, cucumbers, red onion, dried cranberries and sliced almonds. Served with your choice of dressing

## TORTILLA SALAD WITH GRILLED CHICKEN

## TORTILLA SALAD WITH SPICY GROUND BEEF

Crispy tortilla shell filled with salad greens, tomatoes, black olives, jalapeno peppers, sour cream and guacamole. Served with salsa



*20% gratuity added to parties of 6 or more and all reservations*



# APPETIZERS



## Under the Sea

### CHEESY CRAB DIP

With a toasted baguette (or tortilla chips upon request)

### MUSSELS

Served in a garlic cream sauce or marinara and a side of garlic bread

### STEAMED CLAMS

Steamed in white wine and served with melted butter

### GARLIC SHRIMP

1/2 lb peeled shrimp sautéed with garlic. Served with melted butter or cocktail sauce

### CALAMARI

Crispy calamari rings served with our spicy-sweet chili sauce



## Finger Lickin' Fried

### TENDERS & FRIES

Made Here **MOZZARELLA CHEESE STICKS ...**  
Rock It cheese sticks with marinara

**HOT WINGS ...** Crispy wings in a Louisiana hot sauce. With celery, carrots and bleu cheese dressing \$9 ...double order \$16

**BASKET OF FRIES ...** Fresh cut skin on seasoned fries

spicy **BUFFALO TENDERS ...** Tossed in Louisiana hot sauce and served with celery, carrots and bleu cheese dressing

**CHICKEN TENDERS ...** & honey mustard or a spicy/sweet chili sauce

Made Here **ONION RINGS ...** Basket of hand breaded onion rings

**FRIED PICKLES ...** It's pickles.....



## Rock It Fave's

### NACHOS SUPREME

Cheddar, Monterey Jack, spicy ground beef, tomatoes, black olives, jalapeno peppers, sour cream and guacamole. Served with our freshly prepared garlic salsa.

**FLAT BREAD PIZZA ...** Choose Bleu Cheese & Bacon, Monterey Jack & Jalapeños or Pepperoni & Mushroom

**POTATO SKINS ...** Skins with cheddar, bacon and a side of sour cream

**QUESADILLA ...** With chicken, cheddar and jalapeno peppers. Garnished with lettuce, tomato, sour cream, guacamole and our delicious salsa

**CRAB CAKE MINIS ...** Rock It's down-sized crab cake. Served with tartar sauce

**SPINACH & ARTICHOKE DIP ...** Served warm with a toasted baguette (or tortilla chips at your request)

Made Here **CHIPS & SALSA ...** Basket of house fried corn tortilla chips with freshly prepared garlic salsa

\* Consuming raw or undercooked meat, seafood, poultry, shellfish or eggs may increase your risk of food born illness



# x Rock It Grill Burgers

Served with lettuce, tomato, onion (grilled onions upon request), mayo, pickle and a side of fresh cut, skin-on, seasoned fries, home-style chips or coleslaw

## GRILL BURGER

Turkey, veggie or hand-pattied beef

**CHEESEBURGER** ... Choice of Cheddar, Swiss, American or Provolone

**MUSHROOM SWISS** ... Fresh mushrooms and melted Swiss

**CHILI CHEDDAR** ... Topped with Gary's chili and shredded cheddar cheese

**BLACKENED** ... Pattied in cajun spices

**BACON CHEESEBURGER** ... Two strips of bacon and choice of cheese

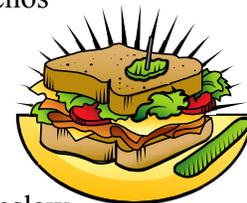
**BLEU** ... With melted crumbles of bleu cheese

**PATTY MELT** ... Three cheeses and 1000 island dressing, grilled on rye

**SOUTHWEST** ... Monterrey Jack, guacamole and jalapenos



## Sandwiches



Served with seasoned fries, home-style potato chips or coleslaw

**PHILLY SUB** ... Shaved rib-eye, Provolone, grilled onions, lettuce, tomato and mayo

**CRAB CAKE** ... A pan-fried Maryland style crab cake with lettuce, tomato, onion and tartar sauce

**BIG FISH SUB** ... A jumbo battered filet of haddock, fried crispy. With lettuce, tomato, onion and tartar

**REUBEN** ... Tender slices of corned beef, 1000 island dressing, sauerkraut and Swiss cheese grilled on Rye

**OVER-STUFFED DELI SANDWICH** ... Thinly sliced Black Forest ham or smoked turkey breast with cheese, lettuce, tomato, onion. Dressed with mayo or deli brown mustard. Served on white, wheat, rye or sesame bun

**BACON GRILL** ... A grilled American Cheese Sandwich with bacon and tomatoes

**TUNA MELT & TOMATO** ... On an English muffin and topped with Provolone cheese

**CHIPOTLE CHICKEN SUPREME** ... Grilled chicken breast with bacon, provolone cheese, lettuce, tomato, onion and dressed with our chipotle mayo

**GARY'S CLUB** ... Black Forest ham, smoked turkey breast, bacon, Swiss and American cheeses, lettuce, tomato and mayo on three slices of toasted white, wheat or rye

**TURKEY WRAP** ... Smoked turkey breast, cheese, lettuce, tomato, onion, guacamole and sour cream

**TUNA SALAD** ... Served with lettuce and tomato on white, wheat or rye toast

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# South of the Border



## COMBO PLATE

A combo (beef & bean) burrito, a chicken enchilada, and a hard shell beef taco served with rice, refried beans and salsa

## CHICKEN OR STEAK FAJITAS

Sizzling with green peppers, onion and tomatoes. Served with flour tortillas and a side of lettuce, cheese, sour cream, guacamole and salsa

## CHICKEN OR BEEF ENCHILADAS

Three corn tortillas filled with cheese and either diced grilled chicken breast or spicy ground beef. Baked with enchilada sauce and more cheese. Served with rice, beans, salsa and topped with sour cream

## SHRIMP FAJITAS

Fajitas served sizzling with large shrimp



## BEEF OR COMBO BURRITO

Filled with cheese and your choice of spicy ground beef or a combination of beef and refried beans. Served with rice, beans, salsa and a topping of sour cream

## CHICKEN OR BEEF CHIMICHANGA

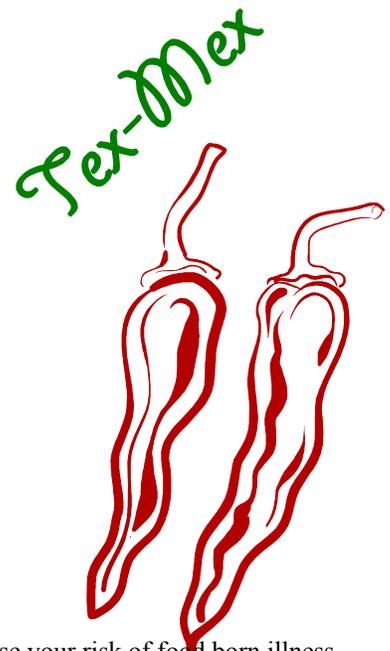
Filled with cheddar and your choice of grilled chicken breast or spicy ground beef. Served with rice, beans, salsa and sour cream.

## SOFT CHICKEN TACOS

Lettuce, tomato, cheese, and salsa

## TACOS - HARD SHELL BEEF

With lettuce, tomato, cheese, and salsa



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# Entrées



Served with toasted baguette and choice of two sides: baked potato, rice pilaf, mac & cheese, seasoned fries, coleslaw, salad, veggie of the day



### DINNER SALAD

Salad available with the purchase of an entrée

### JERK CHICKEN

Strips of chicken breast marinated in Caribbean Jerk spices. Served over rice + one more side item



### DIJON CRUSTED COD

Atlantic Cod with a crispy Panko Dijon topping

### \* SIRLOIN STEAK

8 oz sirloin grilled to your liking

### FRIED SHRIMP

Lightly breaded shrimp fried to a golden brown, served with cocktail sauce

### ADD-A-SHRIMP

Add three fried shrimp to an entrée



### \* ORANGE GLAZED SALMON

Broiled salmon with our orange and ginger glaze

### HOT CHIPOTLE SHRIMP

Jumbo shrimp tossed in a sweet & spicy chipotle puree. Served with rice pilaf and another side item

### \* RIB-EYE STEAK

12 oz steak char grilled to your liking

### FRIED OYSTERS

Served with cocktail sauce

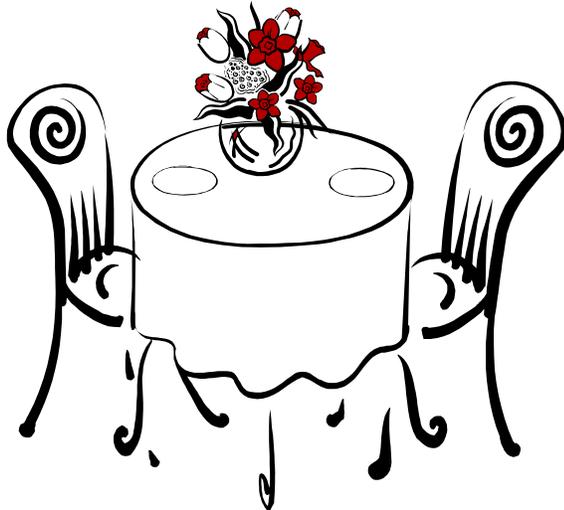
Made Here

### CRAB CAKES

Rock It Grill's own Maryland style crab cakes, pan fried, served with tartar

### FISHERMAN'S PLATTER

Large fried filet of haddock, breaded oysters and jumbo fried shrimp. Served with cocktail and tartar sauce



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# Desserts



Served with vanilla ice cream or whipped cream

## CHOCOLATE CAKE

Individual molten chocolate cake

## FRUIT PIE

Freshly baked fruit pie (varies daily), served warm or cold

## REESE'S PEANUT BUTTER PIE

All the tasty goodness of a Reese's Peanut Butter Cup, in a pie

# For the Kids



Served with one side: mac & cheese, fries, chips

## PB & J

CHEESE QUESADILLA

FRIED SHRIMP

MOZZARELLA STICKS

CHICKEN TENDERS (2)

BEEF TACOS (2)

GRILLED CHEESE

MAC & CHEESE (no side)

# At the Rock It

All discount food specials are with purchase of a beverage and dine in only

**Karaoke nightly 9:30 - 1:30**

**Happy Hour - 3:00 - 7:00 daily**

**Monday - 1/2 priced sandwiches**

**Tuesday - 1/2 priced burgers**

**Thursday - 50 cent wings (minimum of 10)**

**Sat & Sun - Brunch served 11:00 - 3:00**



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