



Soups & Chili

SOUP OF THE DAY
cup \$3 or bowl \$5.50

SEAFOOD SOUP OF THE DAY
cup \$4 or bowl \$6.50

GARY'S HOMEMADE CHILI

Our chili is topped with shredded cheddar and served with tortilla chips Cup \$4 Bowl \$7

Salads



Dressings: Ranch, Bleu Cheese, Caesar, French, 1000 Island, Italian, Honey Mustard, Balsamic Vinaigrette, Sesame Ginger, Light Ranch, O/V

ASIAN CHICKEN SALAD \$11

Warm grilled chicken breast, snow peas, Mandarin oranges, green onion, sliced almonds and crispy tortilla strips over our fresh salad mix with a side of our sesame ginger dressing

CHEF SALAD \$10

Black Forest ham, smoked turkey breast, Swiss and American cheeses, tomatoes and sliced boiled egg served over our fresh salad mix. Served with your choice of dressing

TORTILLA SALAD: CHOICE OF SPICY GROUND BEEF or GRILLED CHICKEN \$11

Crispy tortilla shell filled with salad greens, tomatoes, black olives, jalapeno peppers, sour cream and guacamole. Served with salsa

★ GARDEN SALAD \$6

Our fresh salad mix topped with shredded cheddar, tomatoes, green peppers, carrots, cucumbers, red onion, dried cranberries and sliced almonds. Served with your choice of dressing

CAESAR SALAD \$8

Romaine lettuce tossed in Caesar dressing, topped with croutons and Parmesan cheese

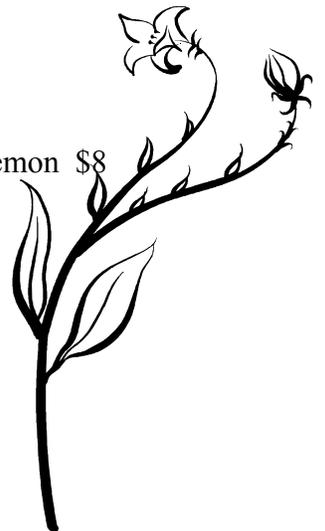
CAESAR SALAD WITH CHICKEN \$11.....WITH CAJUN SHRIMP \$13 WITH BLACKENED SALMON \$15

NEW SUMMER SALAD

Tomato wedges, cucumbers, red onion and slices of avocado, dressed with lemon \$8

SUMMER SALAD WITH CHICKEN \$11

SUMMER SALAD WITH SHRIMP \$14





APPETIZERS



Under the Sea

CHEESY CRAB DIP

With herb & garlic flat bread (or tortilla chips upon request) \$11

MUSSELS

Served in a garlic cream sauce or marinara and a side of garlic bread \$10

CALAMARI

Crispy calamari rings served with our spicy-sweet chili sauce \$9

SHRIMP YOUR WAY

1/2 lb peeled shrimp in garlic butter with cocktail sauce \$13 Five hand breaded fried shrimp with chili aioli \$11.50



Finger Lickin' Fried

SPICY BUFFALO TENDERS ... Tossed in LA hot sauce, served with celery, carrots and bleu cheese dressing; substitute fries \$9.50

HOT WINGS ... Crispy wings in a Louisiana hot sauce. With celery, carrots and bleu cheese dressing \$9 ...double order \$16

BASKET OF FRIES ... Fresh cut skin on seasoned fries \$5.50 

Made Here MOZZARELLA CHEESE STICKS ...

Rock It cheese sticks with marinara \$7

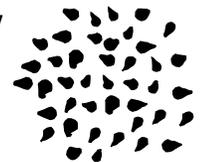
CHICKEN TENDERS ... & honey mustard \$8; with seasoned fries \$9.50

Made Here ONION RINGS ... Basket of hand breaded onion rings with chili aioli for dipping \$6.50

FRIED PICKLES ... It's pickles..... \$7



Rock It Fave's



Made Here SPICY BEEF EGG ROLLS ... Two vegetable & beef egg rolls served with our spicy chili sauce \$7.50

CRAB CAKE MINIS ... Rock It's down-sized crab cake. Served with tartar sauce \$9.50

SPINACH & ARTICHOKE DIP ... Served warm with herb & garlic flat bread (or tortilla chips at your request) \$8

NACHOS SUPREME ... Cheddar, Monterey Jack, spicy ground beef, tomatoes, black olives, jalapeno peppers, sour cream and guacamole. Served with our freshly prepared garlic salsa \$10.50 small \$8

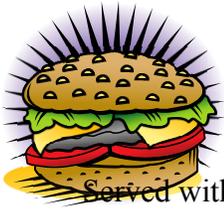
SLIDERS ROCK IT STYLE ... BEEFY sliders have our Kefta beef, American cheese, lettuce, tomato, pickle & 1000 island BUFFALO sliders have chicken, onion ring & zesty coleslaw \$10

POTATO SKINS ... Skins with cheddar, bacon and a side of sour cream \$8

QUESADILLA ... With chicken, cheddar and jalapeno peppers. Garnished with lettuce, tomato, sour cream, guacamole and our delicious salsa \$8

Made Here CHIPS & SALSA ... Basket of house fried corn tortilla chips with freshly prepared garlic salsa \$4 and Guacamole \$6

* Consuming raw or undercooked meat, seafood, poultry, shellfish or eggs may increase your risk of food born illness



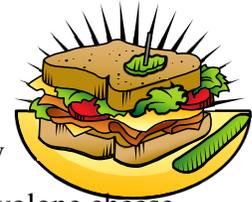
Rock It Grill Burgers

Served with lettuce, tomato, onion (grilled onions upon request), mayo, pickle and a side of fresh cut, skin-on, seasoned fries, home-style chips or coleslaw

- ✘ **GRILL BURGER** ... Turkey, veggie or hand-pattied beef \$9
- ✘ **PATTY MELT** ... Three cheeses and 1000 Island Dressing, grilled on rye \$10
- ✘ **SOUTHWEST** ... Monterrey Jack, guacamole and jalapenos \$10.50
- ✘ **AVOCADO & SWISS** ... Fresh slices of avocado \$11
- ✘ **CHEESEBURGER** ... Choice of Cheddar, Swiss, American or Provolone \$9.5
- ✘ **BLACKENED** ... Pattied in cajun spices \$9.5
- ✘ **BACON CHEDDAR BURGER** ... Two strips of bacon and Cheddar cheese \$11
- ✘ **BLEU** ... With melted crumbles of bleu cheese \$10.50
- ✘ **MUSHROOM & SWISS**
Just like it says. \$10.50



Sandwiches



Served with seasoned fries, home-style potato chips or coleslaw

- PHILLY SUB** ... Shaved rib-eye unless you request sautéed chicken breast, Provolone cheese, grilled onions, lettuce, tomato and mayo \$10
- NEW** **LEBANESE PITA SANDWICH** ... Steak or Chicken Kabob with garlic spread, pickles, lettuce, tomato, onion and Feta \$12
- BIG FISH SUB** ... A jumbo battered filet of haddock, fried crispy. With lettuce, tomato, onion and tartar \$12
- CRAB CAKE** ... A pan-fried Maryland style crab cake with lettuce, tomato, onion and tartar sauce \$12
- NEW** **KEFTA IN PITA** ... Skewer of chopped steak, onions & parsley, dressed with lettuce, tomato, onion & garlic spread \$12
- REUBEN** ... Tender slices of corned beef, 1000 island dressing, sauerkraut and Swiss cheese grilled on Rye \$9
- BACON GRILL** ... A grilled American Cheese Sandwich with bacon and tomatoes \$8
- TUNA MELT & TOMATO** ... On an English muffin and topped with Provolone cheese \$8.50
- CHIPOTLE CHICKEN SUPREME** ... Grilled chicken breast with bacon, provolone cheese, lettuce, tomato, onion and dressed with our chipotle mayo \$11
- GARY'S CLUB** ... Black Forest ham, smoked turkey breast, bacon, Swiss and American cheeses, lettuce, tomato and mayo on three slices of toasted white, wheat or rye \$9.25
- TURKEY WRAP** ... Smoked turkey breast, cheese, lettuce, tomato, onion, guacamole and sour cream \$9
- TUNA SALAD** ... Served with lettuce and tomato on white, wheat or rye toast \$8

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South of the Border



CHICKEN OR STEAK FAJITAS

Sizzling with green peppers, onion and tomatoes. Served with flour tortillas and a side of lettuce, cheese, sour cream, guacamole and salsa \$14

CHICKEN OR BEEF ENCHILADAS

Three corn tortillas filled with cheese and either diced grilled chicken breast or spicy ground beef. Baked with enchilada sauce and more cheese. Served with rice, beans, salsa and topped with sour cream \$11

SHRIMP FAJITAS

Fajitas served sizzling with large shrimp \$18



BEEF OR COMBO BURRITO

Filled with cheese and your choice of spicy ground beef or a combination of beef and refried beans. Served with rice, beans, salsa and a topping of sour cream \$11

CHICKEN OR BEEF CHIMICHANGA

Filled with cheddar and your choice of grilled chicken breast or spicy ground beef. Served with rice, beans, salsa and sour cream. \$11

NEW FISH TACOS (2)

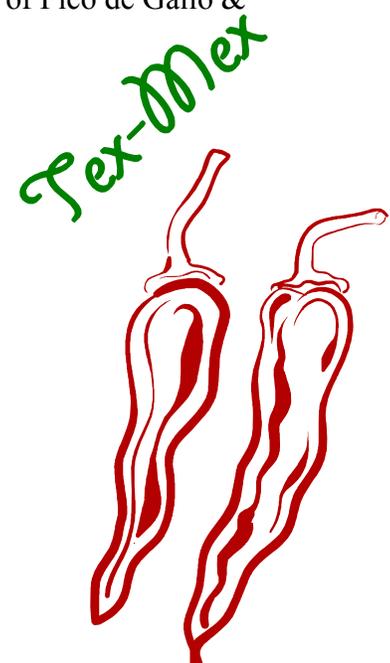
Two marinated tilapia fish tacos prepared with lemon aioli slaw, sides of Pico de Gallo & guacamole, garnished with a salad \$11.50

SOFT CHICKEN TACOS (3)

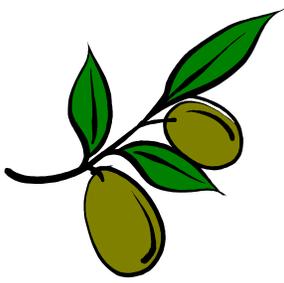
Lettuce, tomato, cheese, and salsa \$9

TACOS - HARD SHELL BEEF (3)

With lettuce, tomato, cheese, and salsa \$8



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ROCK IT CHEAT SHEET

✿ Fish Tacos

Two tacos topped with our lemon aioli slaw.
Garnished with a salad \$11.50

✿ Lebanese Pita Sandwich

Chicken breast or sirloin steak kabob,
wrapped in pita bread. \$12

✿ Buffalo Chicken Sliders

Topped with a Rock It onion ring and zesty
coleslaw. \$10

✿ Cheesy Crab Dip

Hot & cheesy, served with pita bread. \$11



✿ Philly

Our rib-eye steak, shaved and grilled with
onions, topped with lettuce, tomato & mayo
\$10.

✿ Chicken, Steak or Shrimp Fajitas

A sizzling aromatic platter served with a
side of toppings \$14+

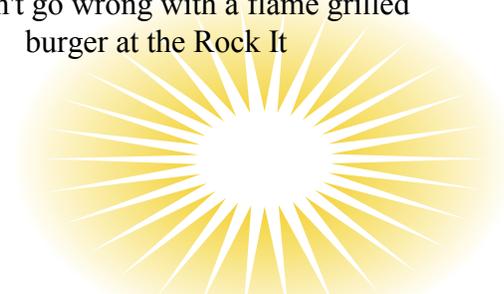
✿ Nachos Supreme

Fully loaded, served with our garlic salsa.
\$10.50

✿ 1/2 LB Burger

You can't go wrong with a flame grilled
burger at the Rock It

Entrées



Served with herb & garlic flat bread. Substitutions available: baked potato, rice pilaf, mac & cheese, seasoned fries, coleslaw, salad, veggie of the day, Spanish rice, refried beans



✿ BLACKENED SALMON

Char-grilled, served with rice pilaf and our
veggie of the day \$17

✿ SIRLOIN STEAK

8 oz sirloin grilled to your liking, served
with baked potato and veggie of the day \$16

FRIED SHRIMP

Lightly hand breaded shrimp fried to a
golden brown, served with seasoned fries,
coleslaw and cocktail sauce \$16

KABOB DINNER

Your choice of marinated chicken breast,
sirloin steak, or a chicken/steak combo.
Served over rice pilaf and garnished with a
salad. \$14



✿ RIB-EYE STEAK

16 oz steak char grilled to your liking,
served with baked potato and our veggie of
the day \$25

Made Here CRAB CAKES

Rock It Grill's own Maryland style crab
cakes, pan fried, served with seasoned fries,
coleslaw and tartar \$21

CHICKEN STIR FRY

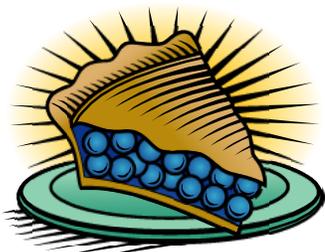
A sautee of chicken breast and select
seasonal vegetables, served over rice, steak
also available. \$14

SHRIMP STIR FRY

With sautéed vegetables, served over rice.
\$18



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Desserts



Served with vanilla ice cream or whipped cream

CHOCOLATE CAKE

Individual molten chocolate cake \$7

FRUIT PIE

Freshly baked fruit pie (varies daily), served warm or cold \$5

REESE'S PEANUT BUTTER PIE

All the tasty goodness of a Reese's Peanut Butter Cup, in a pie \$5

For the Kids



Served with one side: mac & cheese, fries, chips

PB & J

\$5

CHEESE QUESADILLA

\$5

BUTTERFLY SHRIMP (3)

\$8

MOZZARELLA STICKS

\$5

CHICKEN TENDERS (2)

\$5.50

BEEF TACOS (2)

\$7

GRILLED CHEESE

\$5

MAC & CHEESE (no side)

\$3.50

At the Rock It

All discount food specials are with purchase of a beverage and dine in only



Karaoke nightly 9:30 - 1:30

Happy Hour - 3:00 - 7:00 daily

Monday - 1/2 priced sandwiches

Tuesday - 1/2 priced burgers

Thursday - 50 cent wings (minimum of 10)

Sat & Sun - Brunch served 11:00 - 3:00



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