

# WELCOME TO ROCK IT GRILL

1319 King Street  
703.739.2274

French, Bleu Cheese, Ranch, 1000 Island, Honey Mustard,  
Italian, Balsamic Vinaigrette, Asian, Oil & Vinegar

## FRESH SALADS

CAESAR OR GARDEN (Garden has almonds and dried cranberries) 8 - Add: Grilled or Fried Chicken +\$4, Cajun Shrimp +\$8, BLK Salmon +\$10, Sirloin Steak +\$12

ASIAN CHICKEN SALAD - Warm grilled chicken breast, Mandarin oranges, red onion, sliced almonds and fried tortilla strips over our fresh salad mix + a side of Asian sesame ginger dressing 14

COBB SALAD - Sliced marinated chicken breast, avocado, bacon, tomato, egg and bleu cheese crumbles over our salad mix 14

SIDE SALAD - A small portion of our salad mix topped with diced tomatoes, cucumbers and a sprinkling of shredded Cheddar 4.50

SOUP & SALAD - Garden or Caesar salad & soup 11

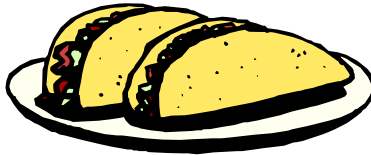
## SOUPS & CHILI

HOMEMADE SOUP OF THE DAY  
4.50

SEAFOOD SOUP OF THE DAY  
5.50

GARY'S VERY SPICY HOMEMADE CHILI

Our chili is topped with cheddar, onions & sour cream. Served with tortilla chips 6.50



## TACOS A' LA CARTE

Order one or more tacos, topped with lettuce, tomato & cheddar + garlic salsa side...+\$2.50 for fries, \$3 for salad.....  
ALL available for Taco Day

PICK A SHELL - Soft flour tortilla or hard shell corn tortilla then pick a filling, priced per one taco 3.50

FILLING CHOICES - Spicy ground beef, diced grilled chicken breast, fried fish or fried chicken

## PLATES TO SHARE

### Rock It Fave's

**NEW** HOT PRETZEL STICKS - With warm beer cheese 9.50  
**NEW** ROCK IT SLIDERS (3) - BUFFALO chicken with fried onion ring & zesty slaw, OR PHILLY with shaved rib-eye, grilled onions and beer cheese...add \$2.50 for fries 11  
LOADED POTATO SKINS - With bacon, Cheddar, sour cream & chives 10  
NACHOS SUPREME - Two cheeses, spicy ground beef, tomatoes, black olives, jalapenos, sour cream, guacamole + our garlic salsa 13

HOT WINGS - 8 Crispy wings in a Louisiana hot sauce, with celery, carrots and bleu cheese dressing ...double order \$20... +\$2.50 for fries 12  
**Made Here** SPICY BEEF EGG ROLLS - Vegetable/beef egg rolls (3) with our spicy chili aioli, +\$2.50 for fries 8.50  
QUESADILLA - With chicken, cheddar and jalapeno peppers. Garnished with lettuce, tomato, sour cream, guacamole and our delicious salsa 10.50  
FRESH GUACAMOLE or WARM BEER CHEESE - With our house fried tortilla chips + garlic salsa 7

### Under the Sea

MUSSELS - Served in a garlic cream sauce or marinara and a side of garlic bread 11  
GARLIC SHRIMP - 1/2 lb of large shrimp In garlic butter 14

CATFISH FINGERS - Lightly breaded and a side of ranch, +\$2.50 for fries 10  
POPCORN SHRIMP - Plenty of bite sized shrimp for shareable snacking....Add +\$2.50 for fries 11

### Finger Lickin' Fried

Substitutions for add on French fries: baked potato, onion rings or beer cheese \$2.50, rice Pilaf, house fried chips or coleslaw \$2, vegetable of the day or salad \$3, celery/carrots \$1

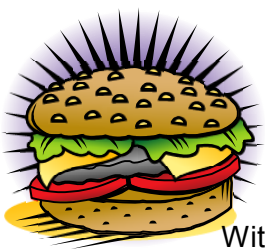
**SPICY** BUFFALO TENDERS - LA hot sauce, bleu dressing side +\$1 for celery & carrots +\$2.50 for fries 9  
ONION RINGS - Basket of extra crunchy hand breaded onion rings with chili aioli for dipping 7.50  
FRIED PICKLES - Ranch dressing, +\$2.50 for fries 8

**Made Here** CHICKEN TENDERS - Honey mustard, +\$2.50 for fries 9  
**Made Here** MOZZARELLA CHEESE STICKS - Rock It cheese sticks with marinara. +\$2.50 for fries 7  
BASKET OF FRIES - Skin-on seasoned fries, +\$2.50 for side of beer cheese 6.50

## DESSERTS

FRUIT PIE - Freshly baked fruit pie (varies daily), warm or cold, vanilla ice cream or whipped cream 5.50  
CHOCOLATE CAKE - Individual molten chocolate cake 7.50

**NEW** REESE'S PEANUT BUTTER PIE - All the tasty goodness of a Reese's Peanut Butter Cup, in a pie 5.75  
**NEW** CHEESECAKE BURRITO - A banana caramel cheesecake stuffed tortilla 5.50



## ROCK IT GRILL BURGERS 1/2 LB

With lettuce, tomato, onion & mayo. Served with pickle chips and fresh cut, skin-on, seasoned fries

- ✘ GRILL BURGER - Hand-pattied beef, add cheese: Cheddar, American, Swiss or Provolone for +.50 11.50
- ✘ BACON CHEDDAR BURGER - Two strips of bacon and Cheddar cheese 13.50
- ✘ AVOCADO & SWISS - Fresh slices of avocado 13.50
- ✘ MUSHROOM & SWISS - Just like it says. 13
- ✘ BACON BLEU - Bacon strips and bleu crumbles 14.50

VEGGIE BURGER - Gardenburger 11.50

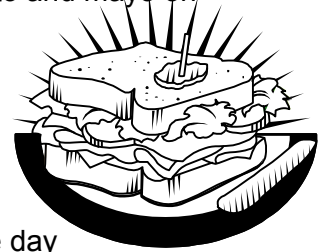
TURKEY BURGER - 11.50

- ✘ BLEU - With melted crumbles of bleu cheese 13
- ✘ BACON & EGG - One egg over medium, two slices of bacon and American cheese top this one 15
- ✘ PATTY MELT - Three cheeses, grilled onions and 1000 Island Dressing, grilled on rye 13

## SANDWICHES...OR MAKE IT A WRAP!

Served with pickle chips and seasoned fries, home-style potato chips or coleslaw

- TUNA MELT & TOMATO (English Muffin) or TUNA SANDWICH with lettuce & tomato (on white toast) - 10
- NEW** SHRIMP PO 'BOY - Super sub with lettuce, tomato, a pile of popcorn shrimp and a drizzle of chipotle mayo 14
- REUBEN/TURKEY REUBEN - Tender corned beef or (turkey \$12) 1000 island, sauerkraut, Swiss, grilled marbled rye 14
- CHIPOTLE CHICKEN SUPREME - Grilled chicken breast with bacon, Provolone cheese, lettuce, tomato, onion and dressed with our chipotle mayo 13
- SPICY** BUFFALO CHICKEN SANDWICH - A fried chicken breast tossed in LA hot sauce. Topped with bleu crumbles, a fried onion ring, lettuce, tomato and bleu cheese dressing....delicious as a WRAP 12
- PHILLY - Shaved rib-eye, Provolone, grilled onions, lettuce, tomato and mayo 12
- CALIFORNIA CHICKEN CLUB - Grilled chicken breast, bacon, fresh avocado, Swiss, lettuce, tomato, red onion, and mayo on grilled marbled rye 15
- GARY'S CLUB - Virginia baked ham, smoked turkey breast, bacon, Swiss and American cheeses, lettuce, tomato and mayo on three slices of toasted white 12
- CHICKEN CAESAR WRAP - Grilled chicken breast, romaine, Parmesan cheese and Caesar dressing 11



## LUNCH & DINNER ENTRÉES

Substitutions: baked potato, rice pilaf, seasoned fries, coleslaw, salad, avocado, or veggie of the day

- ✘ SIZZLING FAJITAS - with green peppers, onion and tomatoes. Served with flour tortillas and a side of lettuce, cheese, sour cream, guacamole and salsa Shrimp 18, Chicken 14 Steak 16
- ✘ SIRLOIN STEAK - 12 oz sirloin grilled to your liking, served with baked potato and veggie of the day 21
- POPCORN SHRIMP BASKET - With fries & coleslaw 14

GINGER CHICKEN - Sautéed chicken, onions, cream sauce and fresh ginger, with rice pilaf 14

- ✘ NEW YORK STRIP - 16+ oz steak char grilled to your liking, with baked potato and our veggie of the day 24.50
- ✘ GRILLED SALMON - Char-grilled, (blackened upon request) with rice pilaf and our veggie of the day 18

## SPECIALS OF THE WEEK

WEDNESDAY - SUNDAY

✘ Consuming raw or undercooked meat, seafood, poultry, shellfish or eggs may increase your risk of food born illness