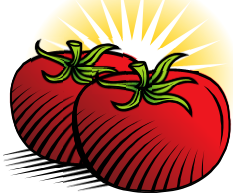


French, Bleu Cheese, Ranch, 1000 Island, Honey Mustard,
Italian, Balsamic Vinaigrette, Asian, Oil & Vinegar

SALADS

- GARDEN SALAD - Our fresh salad mix topped with shredded cheddar, tomatoes, green peppers, carrots, cucumbers, red onion, dried cranberries and sliced almonds \$8
- COBB SALAD - Sliced marinated chicken breast, avocado, bacon, tomato, egg and bleu cheese crumbles over our salad mix \$12
- CHEF SALAD - Virginia ham, turkey breast, Swiss and American cheeses, tomatoes and a boiled egg over our fresh salad mix \$10
- CAESAR SALAD - Romaine tossed in Caesar dressing, topped with croutons and Parmesan cheese, garnished with tomato \$8
- TORTILLA SALAD - Spicy ground beef or grilled chicken in a large crispy tortilla shell filled with salad greens, Cheddar, black olives, jalapeno peppers, sour cream and guacamole. Served with garlic salsa \$11
- ASIAN CHICKEN SALAD - Warm grilled chicken breast, Mandarin oranges, red onion, sliced almonds and fried tortilla strips over our fresh salad mix + a side of Asian sesame ginger dressing \$12
- CAESAR or GARDEN + Chicken 12, Cajun Shrimp 14, BLK Salmon 16, Sirloin Steak 16
- SIDE SALAD - A small portion of our salad mix topped with diced tomatoes, cucumbers and a sprinkling of shredded Cheddar \$4.50
- SOUP & SALAD - Garden or Caesar salad & soup \$10



SOUP OF THE DAY
cup 3.5 or bowl 5.50

SOUPS & CHILI

SEAFOOD SOUP OF THE DAY
cup 4 or bowl 6

GARY'S VERY SPICY HOMEMADE CHILI

Our chili is topped with cheddar, onions & sour cream. Served with tortilla chips Cup 4.50 Bowl 7.50

APPETIZERS



Rock It Fave's

- NEW** LETTUCE WRAPS - Build your own with chicken & Asian dressing or steak & jalapeno spread both also with red onion and Cheddar \$11
- QUESADILLA - With chicken, cheddar and jalapeno peppers. Garnished with lettuce, tomato, sour cream, guacamole and our delicious salsa \$9
- BUFFALO ROCK IT SLIDERS - Buffalo chicken (3) with fried onion ring & zesty slaw. \$2 for fries \$11
- Made Here** SPICY BEEF EGG ROLLS - Vegetable/beef egg rolls (3) with our spicy chili aioli, +\$2 for fries \$8.50
- NACHOS SUPREME - Cheese, spicy ground beef, tomatoes, black olives, jalapenos, sour cream, guacamole + our garlic salsa, small 10 \$13
- CHIPS & FRESH GUACAMOLE - Our house chips, salsa and guacamole \$7
- HOT WINGS - 8 Crispy wings in a Louisiana hot sauce, with celery, carrots and bleu cheese dressing ...double order \$20... add \$2 for fries \$12
- 👍** BUFFALO BLEU CHIPS - Kettle style chips with Bleu cheese dressing, Buffalo sauce, diced red onions and of course, crumbled bacon \$8

Under the Sea

- NEW** BAKED SHRIMP - With Parmesan & cocktail sauce \$14
- CRAB SLIDERS - Mini crab cakes dressed with our chipotle mayo & pickle, + \$2 for fries \$12
- NEW** MUSSELS - Served in a garlic cream sauce or marinara and a side of garlic bread \$11
- CATFISH FINGERS - Lightly breaded and a side of ranch, +\$2 for fries \$10

Finger Lickin' Fried

- SPICY** BUFFALO TENDERS - Tossed in LA hot sauce, bleu cheese dressing side +\$1 for celery & carrots +\$2 for fries \$9
- ONION RINGS - Basket of extra crunchy hand breaded onion rings with chili aioli for dipping \$7.50
- BASKET OF FRIES - Fresh cut skin on seasoned fries \$6
- FRY SINGLE - pick any one item, pickles, ravioli, mushrooms or jalapeno poppers. Served with ranch +\$2 with fries \$8
- Made Here** MOZZARELLA CHEESE STICKS - Rock It cheese sticks with marinara. +\$2 for fries \$7
- CHICKEN TENDERS - Served with honey mustard dressing, +\$2 for fries \$9
- FRY COMBO - Breaded bites of: ravioli, mushrooms, jalapeno poppers & pickle chips. No substitutions. + Ranch & Marinara +\$2 with fries \$11

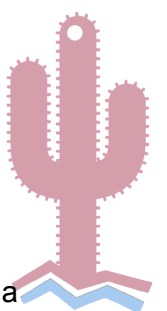
SOUTH OF THE BORDER

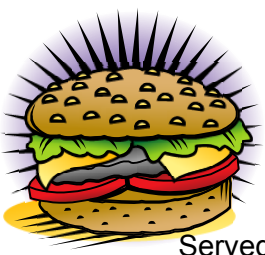


- SOFT CHICKEN TACOS (3) - Prepared with lettuce, tomato and cheese. Served with salsa and rice pilaf. \$11
- ✕** CHICKEN OR STEAK FAJITAS - Sizzling with green peppers, onion and tomatoes. Served with flour tortillas and a side of lettuce, cheese, sour cream, guacamole and salsa Chicken 14 or Steak \$16
- SHRIMP FAJITAS - Sizzling fajita goodness with shrimp \$18
- TACOS - HARD SHELL BEEF (3) - With lettuce, tomato and cheese, salsa and a side of rice pilaf \$10
- MEXICAN TACOS (3) - White corn tortillas with chopped sirloin steak, finely diced onion, fresh cilantro, habaero sauce and a side of rice pilaf. \$12

DESSERTS

- FRUIT PIE - Freshly baked fruit pie (varies daily), warm or cold, vanilla ice cream or whipped cream \$5
- CHOCOLATE CAKE
Individual molten chocolate cake \$7
- REESE'S PEANUT BUTTER PIE - All the tasty goodness of a Reese's Peanut Butter Cup, in a pie \$5





ROCK IT GRILL BURGERS

Served with lettuce, tomato, onion, mayo, pickle chips and a side of fresh cut, skin-on, seasoned fries

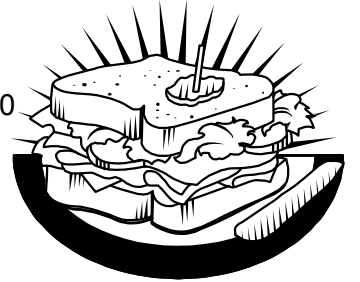
- ✘ CHEESEBURGER - Choice of Cheddar, Swiss, American or Provolone \$11
- ✘ BLACKENED - Pattied in cajun spices \$11
- ✘ BACON CHEDDAR BURGER - Two strips of bacon and Cheddar cheese \$12.50
- ✘ MUSHROOM & SWISS - Just like it says. \$12
- ✘ BACON & EGG - One egg over medium, two slices of bacon and American cheese top this one \$13.50
- ✘ GRILL BURGER - Turkey or hand pattied beef \$10.50

- ✘ PATTY MELT - Three cheeses, grilled onions and 1000 Island Dressing, grilled on rye \$11.50
- ✘ SOUTHWEST - Jack cheese, guac, jalapenos! \$12
- ✘ AVOCADO & SWISS - Fresh slices of avocado \$12.50
- ✘ BLEU - With melted crumbles of bleu cheese \$12
- ✘ CHILI CHEDDAR - Topped with chili and shredded cheddar \$13.50
- ✘ BACON BLEU - Bacon strips and bleu crumbles \$13.50
- VEGGIE BURGER - Gardenburger \$10.50

SANDWICHES

Served with pickle chips and seasoned fries, home-style potato chips or coleslaw.....make your sandwich a wrap

- PHILLY - Shaved rib-eye, Provolone, grilled onions, lettuce, tomato and mayo \$12
- SPICY BUFFALO CHICKEN SANDWICH - A fried chicken breast tossed in LA hot sauce. Topped with bleu crumbles, a fried onion ring, lettuce, tomato and bleu cheese dressing \$10.50
- PIZZA-STEAK - Shaved rib-eye, Provolone, mushrooms & marinara \$12
- CHICKEN CAESAR WRAP - Grilled chicken breast, romaine, Parmesan cheese and Caesar dressing \$11
- CRAB CAKE - A pan-fried MD style crab cake with lettuce, tomato, onion and tartar. \$15
- CHIPOTLE CHICKEN SUPREME - Grilled chicken breast with bacon, Provolone cheese, lettuce, tomato, onion and dressed with our chipotle mayo \$12
- REUBEN or TURKEY REUBEN - Tender corned beef or turkey, 1000 island, sauerkraut & Swiss cheese grilled on rye \$10
- SPICY LEBANESE PITA SANDWICH - Steak or Chicken sautéed with onions & bell peppers. Dressed with a jalapeno garlic spread, lettuce, tomato, onion and Jack cheese \$12
- GARY'S CLUB - Virginia baked ham, smoked turkey breast, bacon, Swiss and American cheeses, lettuce, tomato and mayo on three slices of toasted white \$11
- FRIED FISH SANDWICH - With Cheddar, lettuce, tomato, onion and tartar \$9
- CHICKEN & CHEDDAR - Breaded and fried chicken breast, prepared with lettuce, tomato, mayo and onion \$10
- TUNA MELT & TOMATO or TUNA SANDWICH - \$9



Ask about \$10 lunch time blue plate specials ★ ENTRÉES

Substitutions: baked potato, rice pilaf, seasoned fries, coleslaw, salad, avocado, or veggie of the day

- FRIED SHRIMP
Lightly hand breaded shrimp fried to a golden brown, served with seasoned fries, coleslaw and cocktail sauce \$18
- ★ MUSSELS & ROTINI
Choice of marinara or garlic cream + garlic bread \$12
- ✘ NEW YORK STRIP
16 oz steak char grilled to your liking, served with baked potato and our veggie of the day \$24.50
- MAC & CHEESE w/ SCALLIONS
And: Bacon & Tomato, Italian Sausage or Chicken & Red Onion \$10

- ★ PEPPER STEAK
Sautéed marinated steak, green peppers, onions and rice pilaf \$14
- ★ GINGER CHICKEN
Sautéed chicken, onions and cream sauce with fresh ginger and rice \$14
- ✘ SIRLOIN STEAK
8 oz sirloin grilled to your liking, served with baked potato and veggie of the day \$18
- ✘ BLACKENED SALMON
Char-grilled, with rice pilaf and our veggie of the day \$18

Parmesan Shrimp
Buttery shrimp with Parmesan cheese, served with rice and vegetable \$18

BEER

BOTTLE: Angry Orchard Cider, Guinness, Fat Tire, Corona, Heineken, Sierra Nevada Pale Ale, Miller Lite, Bud, Bud Light, Michelob Ultra, Coors Light, Miller Genuine Draft, O'Doul's

DRAFT: Local IPA, Local Craft, Blue Moon, Stella Artois, Sam Adams Seasonal, Yuengling, Bud, Miller Lite

WINE BY THE BOTTLE

- CK Mondavi: Pinot Grigio, Moscato, Cabernet Wild Creek Canyon, CA \$23
- Chimney Rock Sauvignon Blanc Napa Valley \$45
- Enza Prosecco Italy \$35
- Jordan Cabernet Sauvignon Alexander Valley \$105

- LINE 39 CHARDONNAY California \$23
- Mt. Door Malbec Mendoza, Argentina \$23
- Cakebread Cellars Chardonnay Napa Valley \$68
- Greg Norman Cabernet/Merlot Limestone Coast Australia \$30



Taittinger Champagne France \$65

✘ Consuming raw or undercooked meat, seafood, poultry, shellfish or eggs may increase your risk of food born illness